

## Saturday 6th October 2018

### 9.30am – 5pm

**9 AM**

#### **Registration**

Workshops selected on a first come, first served basis.

**9.50 AM**

#### **Opening Circle in The Courtyard**

Ciara Hinksman and Lucy O'Hagan

**10 AM**

#### **Welcome (The Ballroom)**

Lady Dufferin, Clondeboye Estate, Brian Poots Chair of NIFSA and Joan Whelan, Chair of IFSA

**10.30**

#### **Weaving our Connection in Willow (Parkland)**

Facilitated by Lucy O'Hagan and Ciara Hinksman, Woven in Willow by Lucy Bell

**11 -**

#### **Workshops Session 1**

**12.30**

Participants can attend two workshops during the day - one in the morning session and one in the afternoon session, all workshops will be repeated.

**12.30 -**

#### **Lunch**

**1.30**

Soup and sandwiches with Tea & coffee (included)

**1.45-3.15**

#### **Workshops Session 2**

Participants can attend two workshops during the day - one in the morning session and one in the afternoon session, all workshops will be repeated.

**3.30-4.30**

#### **Tours (Choose One):**

Seed processing workshop and tour of the nursery at Clondeboye with Jeremy Turkington

Tour of Clondeboye Gardens Estate with Brian Poots

**4.30**

#### **Closing Circle**

Co-facilitated by Ciara Hinksman and Lucy O'Hagan, with support from Lucy Bell

**5 PM**

#### **End of Conference**

**7.30 PM**

#### **Celebrations!**

**TIL LATE**

To celebrate 10 years of NIFSA there will be music and a bar in the ballroom from 7.30pm please join us in our celebrations. Bring along your instruments and your voices!



## Workshop 1

### Lucy O Hagan: Lighting the way of the ancestors: Exploring prehistoric light

Come take a seat around the hearth and make the ancient in you sit up and listen.

During this workshop, we will explore different methods of prehistoric lighting techniques to guide your way into the darker months ahead. There will be space for discussion on how we can learn from our shared ancestral heritage, and the importance of passing on this flame to future generations.

Come with an open heart & don't forget to pack your stories, songs & smile

**Lucy O'Hagan** is the founder of Wild Awake & Phoenix Forest School, based in Dublin's iconic Phoenix Park. As well as being a Forest School practitioner, Lucy is also a certified ethnobotanist, wildlife tracker & Bushcraft instructor. This year, she has spent 4 months living wild with ancestral skills teacher Lynx Vilden. From the ancient caves of the Dordogne, to the northern lands of the Sami, she has deepened her love & understanding of ancestral wisdom and cultural repair. She is very excited to be presenting at the conference this Autumn, back near her home town of Belfast.

## Workshop 2

### James Hunter: Indian Potato Bread! Irish Pizza Bread! and a Clay Oven!

We have been hosting outdoor gatherings and Bush craft workshops, at our wee camp in Clandeboye Estate for the last 2 years. Come on up and have a cup of tea and maybe some spicy potato bread, and hear the story of the Clay oven!

**James Hunter** has been working and volunteering at Clandeboye Estate since the 1980's, as well as being a drystone waller and stonemason for the estate, James has continuously been involved in environmental education - developing both conventional and other alternative workshops that help others to connect to each other and their environment.





## Workshop 3

### Maree Hensey: To Be. To Wallow. To Wonder

An invitation for participants to engage in an immersive, process-based experience led by artist Maree Hensey. Within the natural environment participants will explore, question, feel and enquire. There will be no instructions or rules as to how we will work. Through collaborative play and exploration these decisions will be made. There will be no beginning or end allowing for movement to and from the space. We will share and learn new skills in a mutually supportive environment.

**Maree Hensey** is a visual artist. Her practice encompasses drawing, sculpture and installation. At the heart of her artistic practice is the engagement and participation of community. She has completed several Public Art Commissions, Site Specific Installations, Artist in Residence programmes and Community Based Participatory Art projects. Material is an integral component in her practice. She uses materials that are rich in associations and investigates ways to transform them, often projecting new identities and layers of meaning onto the work in doing so. <http://www.mareehensey.com>

## Workshop 4:

### George Lyttle Paper-making in the Forest

Using waste paper, water, bottles and a simple frame, participants will learn a basic paper making technique suitable for children and adults. Autumn leaves, flowers and other natural materials collected from the forest can be incorporated into the paper to give colour and texture. Once dry, it can be used for a range of craft activities including card making.

**George Lyttle** has worked in environmental education for over 20 years, in NGOs and the public sector. In this time he has developed and delivered talks, workshops and activities on a wide range of environmental issues including biodiversity, energy, build heritage, litter and recycling. George believes that getting kids outside is a vital part of developing a long term appreciation for the natural environment. He has been on the board of the Northern Ireland Forest School Association for ten years.

